COMING EVENTS

Wednesday 2 March
Café Care at 8am

Monday 7 March
SRC Induction Assembly

Tuesday 8 March
Open League Excursion

THURSDAY 10 MARCH
Year 7 2017 STEP UP Info Night

Thursday 17 March
Immunisation Yr7

Friday 25 March
Public Holiday Good Friday

Monday 28 March
Public Holiday Easter Monday

Friday 1 April
Sports Excellence Bootcamp

1—8 April
Yr12 Half Yearly Exams

Friday 8 April—last day of Term 1

Excursion info/permission note are on our website.

More detailed school calendar and North Coast Sports Calendar available on our website.

PAYMENTS NOW DUE
* Open League 8/3 — $10
* Brunswick Bootcamp 1/4 — $7
* Yr10 Jindabyne Ski Trip — $300
* Italy Excursion — final now!
* School fees for all years

Principal’s Message

Fantastic news – Song Makers Project
Mullumbimby High School has been chosen, after an arduous application and suitability process to be one of fifty schools Australia wide to deliver this exciting and highly sought after program. It is fully funded as a joint venture between APRA, DoE and the University of Tasmania, and is the clear leader in delivery of such programs. Being chosen out of several hundred schools, many of them specialist Performance Arts schools, is recognition of the talent we have been fostering within the school and the success of our Music and Performance programs.

Song Makers is an intensive 2-day “real world” program about being creative. Australia’s best song writers and producers will mentor our students to create and record new music in our Drama/Performance room, which will be redesigned as a professional recording studio and collaborative work space for the duration of the course. The mentors are chosen from a pool of talent that includes a number of Aria award winners and even a few Grammy winners! Many have written several #1 hits. Students will be immersed in a creative, collaborative environment and given unparalleled insight into the forces that drive the contemporary music industry. The program is ‘hands on’, challenging and rewarding and is designed to fast track their understanding of today’s music world and give them the skills they need to help their journey towards future success.

SRC Induction Ceremony
Elections have been held across the school to elect our 2016 SRC members. On Monday 7th March, we will be holding a special assembly
in the hall starting at 10.20am to officially announce and
induct those elected into the 2016 SRC. I would also like to
thank Mrs Emily Langtry who has this year taken on the role of
SRC Co-ordinator.

Host Families needed
For the fourth time, Mullumbimby High School has invited
students and teachers from our sister school in Mataram,
Lombok, to visit our school. They will be here for the second
and third weeks of Term Two, arriving on Saturday 30th April
and leaving on Sunday 15th May. Two teachers and the school
Principal will be accompanying 10 students who are in years
10 and 11. At this stage, we are looking for host families for
one male student for the two weeks and for one female
teacher for the second week.

Mullumbimby High School greatly appreciates the generosity
of our local community in assisting us in providing much
needed welfare support through the Chrysalis program. If you
are able to contribute in anyway please contact our Girls
Supervisor, Natalie Grant at natalie.grant@det.nsw.edu.au

Chrysalis
The Chrysalis Program would like to thank Sanctum for
generously gifting each of the 15 girls a Body Bliss Skincare
package. Sanctum have also extended their support to all our
school for families choosing to shop local, with a 25% discount,
during March, off their Organics Skincare Range. This offer is
exclusive to online purchases from www.sanctumaustralia.com with
discount coupon MULUMHIGH25.

The uniform shop is run by the P&C and is open twice a week
Monday & Thursday between 8.30am and 9.00am. Could
you spare an hour of your time a couple of times a term to
help in the shop? We are always looking for volunteers.

NSW CHS Soccer
On Friday 26/02/16 Mullumbimby High School Open Boys
soccer team travelled to Lennox Head for the NSW CHS open
boys soccer.

Mullumbimby V Byron Bay was the first game and the boys
were dominant for the first half but we couldn’t hit the back of
the net. In the second half our limited preparation cost us and
the boys fought hard to lose 3-0. The second game was
against Ballina and Mullum were victorious 3-1.

Joel Monacelli, Nathan Thompson, Nathan Stibbard, Adam Levi
and Jai Berry were successful in being selected for the Far
North Coast Trials this Friday. Well done Boys!

Donna Pearson, PRINCIPAL

OUR CAREERS PAGE is available on our website with re-
sources added regularly on job, apprenticeship, articles and
links to helpful sites to prepare student’s future options. Ms
Vanessa Perrin, our Careers Advisor is happy to meet with
students and parents. Please email
vanessa.perrin1@det.nsw.edu.au or call the school for an
appointment — follow this link http://www.mullumbimb-
h.schools.nsw.edu.au/curriculum-activities/careers-advisor-s-
page

ONLINE PAYMENT FOR ALMOST EVERYTHING
Now mobile friendly and in order to support parents
pay for excursions or school fees, we have an online
facility which has been developed by our Westpac bank
which is a secure online payment option. It is available
on our website. Any questions, please call the school.

MULLUMBIMBY HIGH P&C NOTES
The uniform shop is run by the P&C and is open twice a week
on Monday & Thursday between 8.30am and 9.00am. Could
you spare an hour of your time a couple of times a term to
help in the shop? We are always looking for volunteers.
Please phone 6680 1003 or email valmick99@bigpond.com

Hospitality Students
Our Year 11 Hospitality students have started the year
developing basic knife and hygiene skills in the kitchen. Their
new uniforms arrived this week and all students now look very
professional. The 2-year course is a Certificate II in Hospitality
Operations with the students receiving a nationally accredited
qualification as well as a HSC credential at the end of Year 12.

Year 7 Camp
Year 7 students spent three days last week having a fantastic
time at Camp Koinonia in Evans Head. The students enjoyed
the inflatable water activity (The Rocket), rock climbing, the
flying fox, swinging in the chapel, laser skirmish, drama
activities and beach activities. Our Year 11 mentors did an
amazing job assisting the staff to organise and run activities.
Their support for the Year 7 students was really appreciated
and invaluable to making the camp such a wonderful
experience. Year 7 students were praised by the camp
supervisor for their outstanding behaviour and participation. I
would particularly like to thank Mr David Steedman, their Year
Adviser, and his exceptional team of staff for their organisation
of this camp. Photographs are available at the end of this
newsletter.
NSW SCHOOL VACCINATION PROGRAM 2016
Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2016, the following vaccines will be offered to Year 7 students*:

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at: www.health.nsw.gov.au/immunisation

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

JOIN BANGALOW REBELS RUGBY IN 2016!!
Players wanted for all junior teams from under 7s to under 18s. Family Friendly junior club with rugby played in the right spirit – Juniors play on Friday night. Under 7s play touch. Contact Paul De Fina 0400572 028
Or register online at the below links:
www.facebook.com/bangalowrugby

FREE PARENTING TEEN 6-WEEK PROGRAM
This free, 6-week support group for parents of teenagers will provide you with skills, experience and knowledge based on mindfulness and the latest findings in neuro-science and attachment theory to support your teenager to develop emotional and social intelligence and a sound moral compass which will guide them throughout adulthood. More info and booking, call Ayla Garlick on 0448 559 968

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E: mullumbimb-h.school@det.nsw.edu.au
Visit www.brave4you.psy.uq.edu.au  www.facebook.com/braveforanxiety

BRAVE Self-Help is an online program for the prevention, early intervention and treatment of anxiety in young people and children.

The program was developed at the University of Queensland by experts in anxiety in young people and children, and has now been running for 15 years throughout Australia.

The program is fun, interactive, based on cognitive-behavioural principles and has been found to be effective in reducing social anxiety, shyness, separation anxiety, phobias and general worries in hundreds of children and adolescents.

BRAVE Self-Help is now available to all young people and children living in Australia between 8 and 17 years and their parents.

Visit www.brave4you.psy.uq.edu.au  www.facebook.com/braveforanxiety

2018 Lismore Young Songwriters Competition

Do you dream of the stage? With fabulous prizes to be won The Lismore Young Songwriters Awards could launch your music career!

SONG CATEGORIES: Pop Folk Urban/Electronic Punk/Metal Rock/Indie

ENTRIES CLOSE 20th MARCH 2016

Entry is open to all Northern Rivers residents aged 12 – 25 years

Submit your entry in MP3 format and include your lyrics attached as a Word document, an artist photo and bio then email to lismoresongcomp@gmail.com

https://www.facebook.com/LismoreYoungSongwritersCompetition

NSGDC acknowledges the Traditional Owners of the land where we live and work and their continuing connection to land, water, sea and community. We pay respects to Australia’s First Peoples, to their unique and diverse cultures, and to Elders past, present and future.